

SPREADING THE ZONES OF REGULATION!

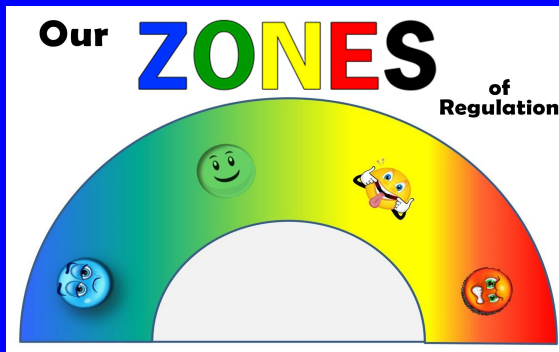
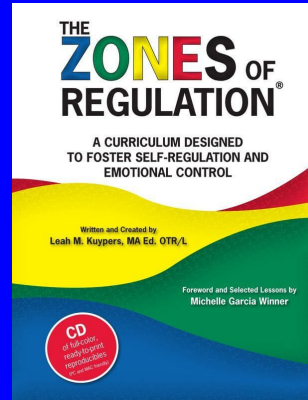


AN INQUIRY INTO TEACHING AND LEARNING HOW TO EFFECTIVELY USE TO
SELF-REGULATION LESSONS AND TOOLS IN OUR SCHOOLS

WHAT WAS OUR PROCESS?

STEPS TO OUR INQUIRY:

- 2 CLASSROOM TEACHERS
- 1 EDUCATIONAL ASSISTANT
- MISA LEAD: MELISSA DUBEAU
- RESEARCHER: THERESA DOSTALER



PROCESS

1. INTRODUCTION TO ZONES PLC WITH PRIMARY TEACHERS LED BY OUR SAFE SCHOOLS COORDINATOR AND MENTAL HEALTH LEAD
2. TEAM LEADER LED INTRODUCTION TO ZONES PLC FOR EA'S, ECE'S, AND ITINERANT TEACHERS
3. SCHOOL ZONES OF REGULATION "KICK-OFF"
4. PROVIDED EACH CLASSROOM WITH A ZONES OF REGULATION POSTER, LESSON PLANS, MENTOR TEXTS AND TOOL KIT
5. BEGAN CASE STUDY OF THREE STUDENTS LOOKING AT HOW THE ZONES OF REGULATION HELPED THEM ON THEIR SELF-REGULATION JOURNEY
6. CONSOLIDATION
 - STAFF SELF-REGULATION QUESTIONNAIRE
 - CLASSROOM VISITS TO SEE EVIDENCE OF TOOLS BEING USED TO SELF-REGULATE
 - DATA COLLECTION AND REFLECTION ON NEXT STEPS